

# THE ART OF WHY

## WHAT'S HOLDING YOU BACK?

See Failures as Opportunities

Think instances where you have felt failure in the past. What lessons did you learn? What wisdom can you pull from the experience that will make you a stronger? Use your mentor and team to help you. No matter how small the issue, work hard to be thorough.

Determine which of the Possible Solutions should be items worked on daily.

For all other items, set a completion date. This will be the date you test your progress. Make a promise to yourself and your supporters that you will add more changes until the desired outcome is complete.

PLEASE NOTE: This process will be repeated hundreds of times over the course of your journey. This is the road to true self-evolution.

Specific Failures	Your Role	Possible Solutions